

African American Mental Health Training and Technical Assistance Program

Maternal Mental Health and Infant Disparities Among African American Women

Description:

This course will focus on the sociological factors, social determinants and biological factors that can affect mental and maternal health as well as birthing outcomes for Black birthing people.

Target Audience: Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

Measurable Learning Objectives:

- Learn and review four ways to treat insomnia, depression, and anxiety during pregnancy
- Explore three ways to assess mental well-being among pregnant patients using screening tools
- List two telephonic and internet resources for clinicians, patients and families
- Identify four social determinants of mental health for Black birthing peoples

About the Presenter:

Karinn Glover, MD, MPH, Assistant Professor of Psychiatry and Behavioral Sciences at Albert Einstein College of Medicine and Attending, Adult Outpatient Psychiatry Division, Montefiore Hospital, Bronx NY. Currently Assistant Professor of Psychiatry at the Albert Einstein College of Medicine, Dr. Glover teaches psychopharmacology and aspects of psychotherapy to Psychiatry and Family Medicine residents. Her decade-plus experience as a psychiatrist and leader in the primary care division at Montefiore Health System has informed her approach to health equity, Diversity, Equity, Inclusion and Belonging (DEI+B), and the styles of leadership that produce organizational success.



Karinn Glover, MD, MPH

Friday

September 23, 2022

9:00am - 01:30pm

4.0 Hours CE Credit

(One 10-min break & 30-min lunch
will not be counted
toward CE time awarded)

To complete an ACBH
sponsored virtual training,
attendees must achieve a score
of at least 70% on the post-test

Register **FREE** via Eventbrite

[REGISTER HERE](#)

(Zoom Link will be sent
after registration)

If you have a reasonable accommodation
request, or grievance regarding an AATA
training, please email at:

customerservice@pathwaystowellness.net

For assistance with registration & other
inquiries: aata@pathwaystowellness.net

<https://aata.pathwaystowellness.net/>

